

## OVIEDO HIGH SCHOOL CROSS COUNTRY // FALL 2023



DAY	DATE	OPPONENT	LOCATION	TIME
Saturday	8/19	Preseason: Mike Gibson Summertime Run	Lake Mary	TBA
Saturday	8/26	Jim Ryun Invitational	Holloway Park (Lakeland)	TBA
Saturday	9/2	Winter Springs Invitational	Central Winds Park	TBA
Saturday	9/9	Astonaut Invitational	Chain of Lakes (Titusville)	TBA
Thursday	9/14	Lake Buena Vista Invitational	Lake Buena Vista	TBA
Saturday	9/23	West Orange Invitational	West Orange High School	TBA
Saturday	9/30	FSU Pre-State Invitational	Apalachee Park, Tallahassee	TBA
Saturday	10/7	East Ridge Invitational	East Ridge High School	TBA
Saturday	10/14	Hawks Last Chance Invitational	Lake Minneola High School	TBA
Saturday	10/21	Freedom Patriot Invitational	Freedom High School	TBA
Saturday	10/28	Seminole Athletic Conference Championship	Lake Mary	7:30am
TBA	10/30-11/4	Class 4A District 2 Championship	TBA	TBA
TBA	11/8-11/11	Class 4A Region 1 Championship	TBA	TBA
Friday	11/17	Class 4A State Championship	Apalachee Park, Tallahassee	TBA

## **COACHING STAFF:**